Candace Meehan

Trainer



Candace Meehan worked five years for Long Beach City College, facilitating case and grants management before entering the afterschool program field. Candace is currently working with the Long Beach Unified School District as Program Director for Long Beach Jordan High School, and has been deeply involved in the community within the City of Long Beach Youth Council. She sits on the board for California Families in Focus Teen Pregnancy Program. Candace has an A.A. Degree in Human

Services, a B.A. Degree in Sociology, and a Masters in Counseling with a P.P.S. Credential.

Marketing & Retention: How to Keep Youth Coming to Your Afterschool Program: This workshop explores the reasons why teens come to and stay in your program. It focuses on strategies to retain youth throughout the year and keep them coming throughout their High School Career. Attract youth to your program through creative program and marketing strategies, and develop skills to create meaningful participation. Learn how to create events and activities on campus attractive to youth not yet served by your program.

High School Program Start Up - From the Ground Up: Learn how to build your program from the ground up. This workshop will develop strategies to develop a successful program model. It addresses the 6 areas of youth development that need to be in place for successful program funding. These areas include academic, enrichment, youth development and leadership, recreation/dance/fitness, college and career after high school, and family literacy. Learn how to create an effective budget using these 6 areas of development. Receive templates to use for marketing, meetings, agendas, applications, and more for your afterschool program.

<u>Developing a Youth Leadership Board</u>: Work to better understand the importance and power from a strong youth leadership board within your program. Learn how to give voice to youth and take work off your own plate by providing them more responsibility.

<u>Teen Engagement Strategies / Creating a Youth Voice</u>: To have a purpose and reason to participate in your program, teens must first be provided a space to feel heard. This workshop helps program leaders develop the necessary tools to engage youth in afterschool programs by developing the skills necessary to deepen both student engagement and create student-run programs. When teens feel their voices are being heard, and when adults know how to "step back" and allow youth to run a program, success occurs. Step back, and let them do all of the work!

Youth Leadership & Service Learning Programs: Learn how to create leadership programs within your afterschool program that build both leadership skills and self-confidence. Leadership programs allow youth to develop vital life skills that they will take with them into the workforce. This includes time management, teamwork, planning, and program implementation. Learn skills to help youth work together as a team to create programs on campus and complete service learning projects in their community. Learn how to collaborate with other providers to create highly engaging and widely attended student-run programs.

<u>Program Supervision - keeping the balance:</u> As a Site Director, we need to be able to transition smoothly from being a friend, a teacher, a role model and a mentor. We are also expected to perform so many tasks, including general supervision of all of the students in our programs. This workshops focuses on how to deal with behavior problems at the high school level, conflict resolution skills, and maintaining peace within your programs, especially when you are working with at risk populations. This workshop also focuses on how to both GIVE and GET respect. as well as building trusting, meaningful relationships.

Service Learning Model - Xi Sisters and Omega Brothers Sorority and Fraternity Model-: This workshop focuses on how to create a service learning program that high school students will attend and enjoy. This model focuses on teaching the components in the model including community service projects & Philanthropy, college bound activities (such as college tours), graduation, and campus and community involvement. Also, getting college Sororities and Fraternities to sponsor your program.

Youth Mentoring Youth Collaborations: This workshop focuses on creating programs in which older youth have an opportunity to mentor younger youth. Two models / examples will be shared in both pairing high school students with feeder middle school students as well as paring 11th and 12th grade students with 9th grade students. This workshop will teach you the components you will need to create a successful mentoring program.

<u>Creating a teen pregnancy and prevention program:</u> This workshop helps program leaders envision and create effective programs for pregnant youth and young parents in your afterschool program. Provide youth with programs that connect them to community resources, parenting workshops and more.

"You are the Front Line"- A training for site directors on the ground to motivate and inspire them to do the best job that can be done. This training will help directors understand the importance of their roles on campus and with students, as well as within your organization. This workshop will provide the tools they will need to be successful in order to maintain quality programs. Map the success of your program!

<u>Creating Youth Conferences out of Your After School Program:</u> Learn how to put on youth conference either for your students in the program or for your community and surrounding schools. Learn also how to engage your own students in your afterschool program to put this conference on as a youth led activity.

If you are in need of Consulting and Training for Your Organization please contact:

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